

Memory Care October 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 830a Exercise 9a Morning walk 10a Coloring 1p Afternoon Walk 2p Hydration Station 3p Bingo 6p Conversation cards	2 830a Frisbee Golf exercise 9a Morning walk 1p Afternoon walk 2p Hydration Station 3pDominoes 5p Movie	3 9a Morning walk 10a Crafts and Coloring 1p Afternoon walk 3pHydration/Bingo 6p Bag Toss
4 9a Morning walk 10a Church Service 1p Afternoon walk 2p Bingo(MC) 3p Hydration Station 6p Bowling	5 830a Tennis Ball Race 9a Morning walk 10a Coloring 12:30p Afternoon walk 2p Hydration 3p Dominoes 6p Movie	6 830a Exercise 9a Morning walk 10a Nails 1p Afternoon Walk 2p Hydration 3p Bingo 530 Bowling	7 830a Musical Ball exercise 9a Morning walk 10a Coloring 1p Afternoon walk 2p Hydration 3p Bingo 5p Movie	8 830a Exercise 9a Morning walk 10a Campfire conversation--with s'mores 1p Afternoon Walk 2p Hydration 3p Bingo 6p Conversation cards	9 830a Frisbee golf exercise 9a Morning walk 1p Afternoon walk 2pHydration Station 3p Bingo 5p Movie	10 9a Morning walk 10a Crafts and Coloring 1p Afternoon Walk 3p Hydration/Bingo 5p Dominoes 6p Bag Toss
11 9a Morning walk 10a Church Service 1p Walking Group 2p Bingo(MC) 3p Hydration Station 6p Bowling	12 830a Tennis Ball Race 9a Morning walk 10a Coloring 12:30p Afternoon Walk 1p Road trip in the Van 230p Hydration 3p Dominoes 6p Conversation cards	13 830a Exercise 9a Morning walk 10a Nails 1p Afternoon walk 230p Hydration 3pBingo 6p Conversation cards	14 830a Musical Ball exercise 9a Morning walk 10a Coloring 1p Afternoon Walk 3p High Tea party 5p Movie	15 830a Exercise 9a Morning walk 10a DIY- make your own soap 1p Afternoon Walk 3p Hydration/ Bingo 6p Conversation cards	16 830a Frisbee golf Exercise 9a Morning walk 930a Dominoes 1p Afternoon Walk 2p Hydration Station 3p Bingo 5p Movie	17 9a Morning walk 10a Crafts and Coloring 1p Afternoon Walk 3pHydration/Bingo 5p Dominoes 6p Bag Toss

