

## Memory Care November 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> <b>9a Morning walk</b> <b>10a Church Service</b> <b>1p Afternoon walk</b> <b>2p Bingo(MC)</b> <b>3p Hydration Station</b> <b>6p Bowling</b>	<b>2</b> <b>830a Tennis Ball Race</b> <b>9a Morning walk</b> <b>10a Coloring</b> <b>12:30p Afternoon walk</b> <b>2p Hydration Station</b> <b>3p Dominoes/coloring</b> <b>6p Movie</b>	<b>3</b> <b>830a Exercise</b> <b>9a Morning walk</b> <b>10a Nails</b> <b>1p Afternoon Walk</b> <b>2p Hydration</b> <b>3p Bingo</b> <b>530 Bowling</b>	<b>4</b> <b>830a Musical Ball exercise</b> <b>9a Morning walk</b> <b>10a Coloring</b> <b>1p Afternoon walk/Dominoes</b> <b>2p Hydration</b> <b>5p Movie</b>	<b>5</b> <b>830a Exercise</b> <b>9a Morning walk</b> <b>10a Balloon Toss</b> <b>1p Afternoon Walk</b> <b>2p Hydration Station</b> <b>3p Bingo/coloring</b> <b>6p Conversation cards</b>	<b>6</b> <b>830a Frisbee Golf exercise</b> <b>9a Morning walk</b> <b>1p Residential Music therapy visit</b> <b>2p Hydration Station</b> <b>3pDominoes/coloring</b> <b>5p Movie</b>	<b>7</b> <b>9a Morning walk</b> <b>10a Crafts and Coloring</b> <b>1p Afternoon walk</b> <b>3pHydration/Bingo</b> <b>6p Bag Toss</b>
<b>8</b> <b>9a Morning walk</b> <b>10a Church Service</b> <b>1p Afternoon walk</b> <b>2p Bingo(MC)</b> <b>3p Hydration Station</b> <b>6p Bowling</b>	<b>9</b> <b>830a Tennis Ball Race</b> <b>9a Morning walk/Dominoes</b> <b>10a</b> <b>12:30p Afternoon walk</b> <b>2p Hydration/Bingo</b> <b>3p Coloring</b> <b>6p Movie</b>	<b>10</b> <b>830a Exercise</b> <b>9a Morning walk/Nails</b> <b>10a Coloring Poppies for Veterans</b> <b>1p Afternoon Walk</b> <b>2p Hydration</b> <b>3p Bingo</b> <b>530 Bowling</b>	<b>11 VETERANS DAY</b> <b>830a Musical Ball exercise</b> <b>9a Morning walk</b> <b>10a Coloring</b> <b>1p Afternoon walk/Dominoes</b> <b>2p Hydration/Bingo</b> <b>5p Movie</b>	<b>12</b> <b>830a Exercise</b> <b>9a Morning walk</b> <b>10a Balloon Toss</b> <b>1p Afternoon Walk/Checkers</b> <b>2p Hydration</b> <b>6p Conversation cards</b>	<b>13</b> <b>830a Frisbee golf exercise</b> <b>9a Morning walk</b> <b>1p Afternoon walk</b> <b>2pHydration Station</b> <b>3p Bingo</b> <b>5p Movie</b>	<b>14</b> <b>9a Morning walk</b> <b>10a Crafts and Coloring</b> <b>1p Afternoon Walk</b> <b>3p Hydration/Bingo</b> <b>5p Dominoes</b> <b>6p Bag Toss</b>
<b>15</b> <b>9a Morning walk</b> <b>10a Church Service</b> <b>1p Walking Group</b> <b>2p Bingo(MC)</b> <b>3p Hydration Station</b> <b>6p Bowling</b>	<b>16</b> <b>8a Exercise</b> <b>830a Morning walk</b> <b>10a "Booze and Tattoos" Activity</b> <b>12:30p Afternoon Walk/ Board Games</b> <b>230p Hydration</b> <b>3p Dominoes/coloring</b> <b>6p Conversation cards</b>	<b>17</b> <b>830a Tennis Ball race exercise</b> <b>Exercise</b> <b>9a Morning walk/Dominoes</b> <b>10a Nails</b> <b>1p Afternoon walk</b> <b>230p Hydration</b> <b>3pBingo</b> <b>6p Bowling</b>	<b>18</b> <b>830a Musical Ball exercise</b> <b>9a Morning walk/Dominoes</b> <b>10a Coloring</b> <b>1p Afternoon Walk</b> <b>3p High Tea party</b> <b>5p Bible study</b>	<b>19</b> <b>830a Exercise</b> <b>9a Morning walk</b> <b>930a DIY- Stained Glass</b> <b>1p Afternoon Walk</b> <b>3p Hydration/Bingo</b> <b>6p Movie</b>	<b>20</b> <b>830a Frisbee golf Exercise</b> <b>9a Morning walk/Dominoes</b> <b>1p Afternoon Walk</b> <b>2p Hydration Station</b> <b>3p Bingo</b> <b>5p Movie</b>	<b>21</b> <b>9a Morning walk</b> <b>10a Crafts and Coloring</b> <b>1p Afternoon Walk</b> <b>3pHydration/Bingo</b> <b>5p Dominoes</b> <b>6p Bag Toss</b>

